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## Early Morning

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What a nice morning!!!!But, I wasn't able to get a good night's sleep as much as I wanted to. Maybe because of thinking too much or is it because of reading a lot of books? I don't know, but what I know is that, I need to get 8 hours of sleep which is hard for me to do. I've tried different techniques on how to get a good night's sleep, but to no avail. I kept going through the same pace again and again with little or not even a small improvement. I'm used to seeing myself on the mirror with dark circles o my eye, which looks growse (I think I look like a drug addict)and I hate it. Some said that I have to count sheeps whenever I go to bed to make sleep easier, but thinking back I think I have already counted thousands of sheep but it's still impossible for me to go to sleep. But despite of what I go through almost every night, I'm still glad that I'm still able to wake up everyday to a nice morning and a brand new day. Everyday that I wake up, would mean that I have to face whatever challenges that would come my way and think about life in a positive way (I hope that this is true everyday).